

WHAT IS AN EMPLOYEYEE ASSISTANCE PROGRAM?



- ✦ An EAP is a system designed to help employees whose personal problems are negatively impacting their lives or their ability to do their jobs.

- ✦ There are 3 avenues to the EAP
 - ✦ Voluntary
 - ✦ Suggested
 - ✦ Formal

TYPES OF PROBLEMS SEEN



- ✦ Personal
- ✦ Marital
- ✦ Parenting
- ✦ Children's Issues
- ✦ Stress
- ✦ Depression
- ✦ Job Related
- ✦ Substance Abuse
- ✦ Relationship
- ✦ Many more ...

HISTORY OF CORPORATE CARE

- ✦ Started out as Maxwell Hall Associates, owned by FLACRA
- ✦ Bought by CSH&C and name was changed to Henry Foster Associates
- ✦ 1988, The name was changed to Corporate Care of the Finger Lakes
- ✦ Presently work with about 45 employers around the Finger Lakes

ELIGIBILITY



- ✦ All employees of the Ontario County ARC and their family members are eligible for Employee Assistance Program services.
- ✦ Corporate Care's definition of "family members" is very flexible. Anyone significant in your personal life is considered family. Adult children and even parents are covered.
- ✦ There is no limit on the number of free, confidential, and professional counseling sessions available to employees and/or their family members.
- ✦ If necessary, a referral to a community resource will be made. However, approximately 85% of who we see are taken care of by our masters level counseling staff with no referral needed.

OFFICE LOCATIONS



- ✦ GENEVA
- ✦ CLIFTON SPRINGS
- ✦ AUBURN
- ✦ NEWARK
- ✦ PENN YAN
- ✦ CANANDAIGUA
- ✦ WATERLOO
- ✦ If you are unable to make it to one of these offices, other arrangements can be made. Just tell Colleen (secretary) to have me call you.

APPOINTMENT PROCESS

- ✦ Call office between 8:30AM and 4:00PM
- ✦ Tell Colleen (secretary) you want to make an appointment
- ✦ She will ask what time and location are best for you
- ✦ She will give you directions to your chosen location. Please be sure you are comfortable with directions.
- ✦ If you are unable to make an appointment, please try to let us know as soon as possible.
- ✦ If you are uncomfortable with your counselor, please call to arrange to see a different counselor. There is no problem with that.

IMPORTANT NUMBERS AND ADDRESSES

- ✦ Office number – 315-462-0464 (or for Verizon users 585-506-5187)
- ✦ E-mail address – ppontiu1@rochester.rr.com
- ✦ Peter Pontius, President of Corporate Care (for after hours emergencies or any questions you may have)
 - ✦ Home – 315-539-5436
 - ✦ Cell – 585-259-5610